In the Claims:

- 1. In a guitar having a back and sides, the improvement comprising a breast-accommodating formation in a side edge and adjacent portion of the back of said guitar.
- 2. The guitar as claimed in claim 1 wherein said formation is a molded insert.
- 3. A guitar as claimed in claim 1 wherein said formation defines a hole through said side edge and adjacent back portion.
- 4. A guitar as claimed in claim 2 wherein said molded insert is shaped to conform to a specific breast size of an intended user of said guitar.
- 5. A method of making a guitar comprising the steps of providing an opening through a side and adjacent back portion of a guitar, forming a breast-accommodating insert, and mounting said insert in said opening.
- 6. The method as claimed in claim 5 wherein said step of forming said breast-accommodating insert includes shaping said insert to fit the breast of a female instrumentalist.